



## AFSA International Family Matters Trustee

October 2017



Hope everyone is doing well! There's been quite a few tragic events over the United States this past year and I pray for those affected by these disasters. But it warms my heart that, in these trying times, people have pulled together to help one another.

That brings me to the topic of this month's report – **Helping Others**. Here are some ways to get your Family Members involved in AFSA and the community – not to mention that this would also be an opportunity to educate others about AFSA and what we're all about.

- **Create a Care Package** – soup, reading materials, tea, chocolate...anything you think the veterans in your area might need or enjoy. You could also contact your local Shelter for Abused Women and Children to see what their needs are.
- **Deployed Spouses** – those with spouses who are deployed could surely use a helping hand. Whether it's groceries, babysitting service or running errands, I'm sure anything would be appreciated. Give them a call. You might even recruit a new member.
- **Operation Gratitude** – <https://www.operationgratitude.com/can-help/> -- send a package or cards to deployed troops, veterans, wounded soldiers or first-responders. For those crafty Family Members, create your own greeting cards to send. This is a project that I'm getting ready to do for our Chapter (although I haven't mentioned it to them yet).
- **Homeless Shelters** – make "care kits" with shampoo, toothbrushes, combs, etc. You can find a lot of travel-size items at your local Walmart. Check out this site for more ideas -- <http://www.oddsandevens.com/homelesscarepackages/>.

For those who love Pinterest as much as I do, you can search for all sorts of community service ideas -- <https://www.pinterest.com/>.

Thanks for all you do for AFSA and your community! Until next time, take care and God Bless!

*Patti Dalzell*

Family Matters Trustee

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